



## K-6 LIFE EDUCATION PROGRAM 2018

Information is as follows:

Activity:	Life Education Program
Venue:	At school
Date:	Monday 22 <sup>nd</sup> October to Wednesday 24 <sup>th</sup> October, 2018
Cost:	<b>\$10</b> per student (includes Life Education session, student workbook and sticker)
Additional information:	During Week 2 of Term 4, all classes will visit the Life Education van at school. The educational programs are presented by an experienced teacher and include lessons focused on regular exercise, parts of the body and how they function, food groups, safe living, drug education and cyber safety.
Merchandise:	Harold merchandise will also be available for purchase during the Life Education van visit. Please see attached note regarding items and prices.

### Life Education Program

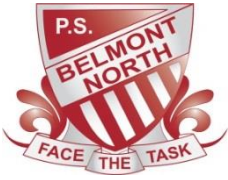
Year	Program	Outline of Program
Kindergarten	My Body Matters	Importance of personal hygiene, choosing foods for a healthy diet, benefits of sleep and physical activity, ways to keep safe at home, school and in the community.
Stage 1 (Years 1 and 2)	Growing Good Friends	Identifying safety signs, explore what health messages mean, recognise how physical activity and nutrition contribute to a healthy lifestyle, explore how positive relationships benefit our health and wellbeing.
Stage 2 (Years 3 and 4)	All Systems Go	Factors that influence the function of body systems such as exercise and drugs, exploring ways to manage peer pressure, effects of second hand smoke. The function of vital organs, healthy food choices.
Stage 3 (Years 5 and 6)	Relate, Respect, Connect	Understanding how to respect ourselves and others, identifying characteristics of positive relationships, strategies to help maintain positive online and offline relationships, the importance of relationships to our own and others wellbeing.

This excursion has the full approval of the Principal.

Please return payment to the office in an envelope clearly marked "Life Education", with your child's name and class by **Wednesday 17<sup>th</sup> October, 2018.**

Mrs Jo Johnston  
Assistant Principal





# K-6

## LIFE EDUCATION PROGRAM 2018

### PERMISSION NOTE

**Please return this note & money to the Office by:  
Wednesday 17th October, 2018.**

I give permission for my child \_\_\_\_\_ of class \_\_\_\_\_

to attend the **Life Education program** at **Belmont North Public School** from 22<sup>nd</sup> – 24<sup>th</sup> October  
2018 ( Term 4 Week 2 )

#### PAYMENT METHOD

- I have enclosed a cash payment of \$10 for the program, workbook and sticker.

#### OR

- I have paid \$10 online.

My receipt number is \_\_\_\_\_ Date Paid: \_\_\_\_\_

Name of Parent/Guardian making this payment: \_\_\_\_\_  
(Please Print)

Signature: \_\_\_\_\_ (Parent/Guardian)

Date: \_\_\_\_\_



# HAROLD MERCHANDISE

Dear Parents,

Life Education NSW is a not for profit organisation that relies on the support of the community to assist us in reaching our fundraising goals. Every Harold product purchased helps us visit more children in NSW.

The sale of Harold merchandise to the children whilst the program is visiting each school supports our overall fundraising activities and helps cover the gap between the cost of delivery and what parents and schools pay for our program. These products help to remind children about the messages delivered to them during their Life Education session and have either a picture of Harold or the Life Education logo on them.

The educator will provide the opportunity for children to purchase these products during the school visit. ***Please DO NOT make online payments to your school. Please provide the correct money in an envelope with the item written on the face of the envelope along with your child's name and class.*** This allows the educator to process orders efficiently and accurately. Orders will be returned by the conclusion of the visit. You can also check out our **NEW** product range online by visiting [www.lifeeducation.org.au/shop](http://www.lifeeducation.org.au/shop)

Name: \_\_\_\_\_ Class: \_\_\_\_\_

Product Description	Price Incl. GST	QTY	Product Description	Price Incl. GST	QTY
Tattoo	\$0.50		Large Harold Soft Toy	\$15.00	
Harold Post-it-note	\$1.50		Harold Stationery Set	Check availability with Educator	
Harold Hand Ball	\$3.00		Harold Keyring	Check availability with Educator	
Small Harold Soft Toy	\$8.00				
<b>Total Owing</b>	<b>\$</b>		<b>Total Owing</b>	<b>\$</b>	

**NB Harold Products are subject to availability** Life Education NSW thanks you for your support.

## Help support Life Education

I would like to donate \$ \_\_\_\_\_ to Life Education NSW. Gifts of \$2.00 or over are tax deductible.

I would like to hear more from Life Education NSW

Parent/Carer Name: \_\_\_\_\_

Email: \_\_\_\_\_

Postcode: \_\_\_\_\_

Visit Life Education at [www.lifeeducation.org.au](http://www.lifeeducation.org.au)

Please provide the correct money in an envelope with the items written on the face of the envelope along with your child's name & class.

**Please bring on the day if you wish to make a purchase.**